

SUMMER 2018



JUNE 11th - AUGUST 24th, 2018 - 11 WEEKS

ADVANTAGE TENNIS ACADEMY (ATA) SUMMER CAMPS are designed to give student-athletes professional-level training in a fun camp environment. Our summer tennis camps focus on achieving significant individual improvement, both on and off the court. Over the course of the week players train using the ATA method, which gives them the opportunity to improve on the most important aspects of their game. Most of our campers participate for three weeks or more and customize their program with private tennis or fitness training for accelerated development.

“SIMPLY THE BEST FOR THE SERIOUS ATHLETE”

SUMMER TRAINING GROUPS

- PRO GROUP:** ITF, Futures, Top National, College Players
- COMPETITION GROUP:** National, Sectional Ranked Players
- DEVELOPMENTAL / TECHNICAL GROUPS:** Junior Open & Young Stars (12 & Under)



FEATURES

- Competitive Training Environment
- Match Strategy Sessions
- Singles & Doubles Sets & Match Play
- Specialized Fitness & Mental Training
- Pre Hab & Corrective Exercise
- Technical Development
- Video Analysis
- Collegiate Training & Guest Coaches
- Mental Toughness Sessions
- Clay Court & Hard Court National Training Camps
- Fun Southern California Activities (Beaches, Pro Events, Disney, and much more..)

SAMPLE DAILY SCHEDULE

Off-court training	9:00 - 10:15am
Daily Check In	10:45 - 11:00am
Tennis (Fitness Inclusive)	11:00 - 1:30pm
Lunch	1:30 - 2:30pm
Tennis (Fitness Inclusive)	2:30 - 5:00pm
Dinner & Activity	5:30 - 9:00pm

Off-Court Training: Pre-hab & Corrective Exercise, Mental Toughness, Speed Training, Video Analysis, Character Development, Beach Run

Fitness Inclusive: Core Development, Flexibility Exercises, Endurance, Balance, Explosiveness, On-court footwork training



Located at  **A PRIVATE TENNIS & FITNESS CLUB**

Advantage tennis academy



ATA SUMMER SEMESTER

* 4, 6 & 8 week options
* Limited to 15 spots

WHAT'S INCLUDED:

- Weekly Private Lesson
- Weekly Private Fitness
- Functional Movement Screening
- Player Development Plan and Mentoring
- Weekend Boarding
- Tournaments (except registration fees)

SUMMER SEMESTER PACKAGES:

- **Summer Semester Non-Boarding**

4 Weeks	\$3,400	\$3,000 Early Bird
6 Weeks	\$4,800	\$4,500 Early Bird
8 Weeks	\$6,000	\$5,500 Early Bird
- **Summer Semester Boarding**

4 Weeks	\$6,500	\$6,000 Early Bird
6 Weeks	\$8,500	\$8,000 Early Bird
8 Weeks	\$10,000	\$9,500 Early Bird



CUSTOMIZE:

- Private Tennis & Hitting Lessons
- Fitness Testing & Follow up program
- Functional Movement Screening
- College Placement Advising & College Videos
- Local & National Tournament participation

SUMMER CAMP PRICING

WEEKLY NON-BOARDING

1 Week **\$750** **\$650 Early Bird**
Add'l Weeks **\$650** **\$550 Early Bird**
** Weekend Tournaments \$150 for weekend*

WEEKLY BOARDING

1 Week **\$1,300** **\$1,200 Early Bird**
Add'l Weeks **\$1,200** **\$1,100 Early Bird**
** \$200 for weekend boarding*
*** \$250 for weekend boarding with tournaments (Excludes tournament registration fees)*

SESSION PRICING:

10 Sessions: **\$700** 20 Sessions: **\$1,200**
1 Week Afternoon : **\$300** 1 Week Morning: **\$400**

**Sessions packages: Players must designate session days participating in or must give notice to ATA office by 9 am.*

BOARDING PLAYERS:

Arrival: Sunday after 5pm or Monday morning
Departure: Friday evening or Saturday morning

